

Special Time

A great treat for your child is to have one on one time with people they love – a parent, aunty, grandparent, a special adult friend.

Try to set up some special time with you and others who have a strong relationship with your child. You can even call this “Name’s Special Time” – e.g., Julie’s Special Granny Time.

You may even be able to set up a routine – for example: Every Friday afternoon you and your child stop off at the park and have an ice cream before going and getting the other children.

Can you think of a Special Time for you and your child?

What would your child like to do with you in that time?

What could make this difficult to do? And can you find a solution to this problem?