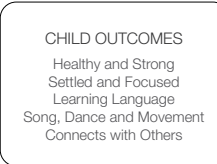


ASSESSMENT FEEDBACK

It is important that you and your PuP therapist agree that the assessment results are an accurate reflection of your life. Discuss the following questions with your PuP therapist.

Your Child's Development



Healthy and strong:

Settled and focused:

Learning and language:

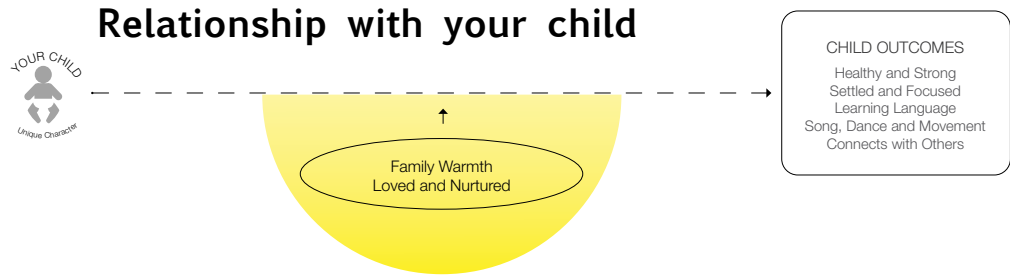
Song, dance, movement:

Connection with others:

Challenge

Strength

Your child's development



Spend 5 minutes watching your child play. If you feel comfortable it's best to video this on your phone or tablet so you can watch your reactions later.

As you watch your child play have a think about some of the questions below.
When you have a chance talk these through with your PuP Therapist.

How did you feel when you gave yourself time to just watch?

Did you notice your child smiling at you?

Yes No

Did you smile back?

Yes No

How did your child respond when you smiled?

Was there a moment when you felt irritated or annoyed?

Yes No

When did this occur and how did you react?

If you recorded this on your phone, what does it feel like to watch it now?

Are there any feelings of sadness or regret?

Yes No

Does watching your child (or the video) remind you of how much you love your child?

Yes No

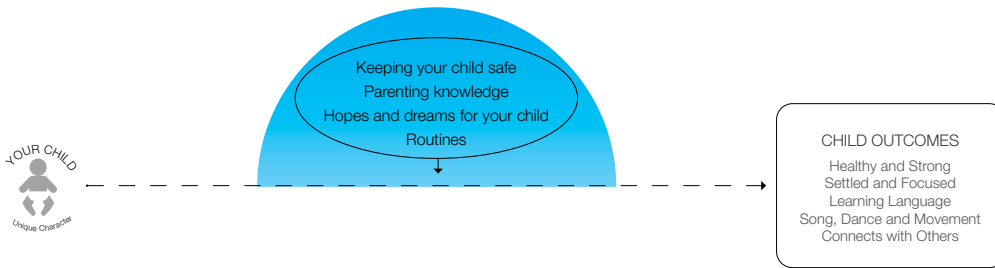
How would you describe these feelings?

Challenge

Strength

Your relationship with your child

Parenting values, hopes and dreams



What kind of parent do you want to be?

How do you want your child to be when they are older?

What is important to you in life? (E.g., I value helping my child feel confident?)

What kind of family life do I value for my child?
(E.g., I value creating a safe family home.)

What kind of relationships do I value?
(E.g., I value relationships that are caring.)

Parenting values, hopes and dreams

What are my values
around health?
(E.g., I value cooking
healthy food.)

What are my values
around education and
work?
(E.g., I value reading.)

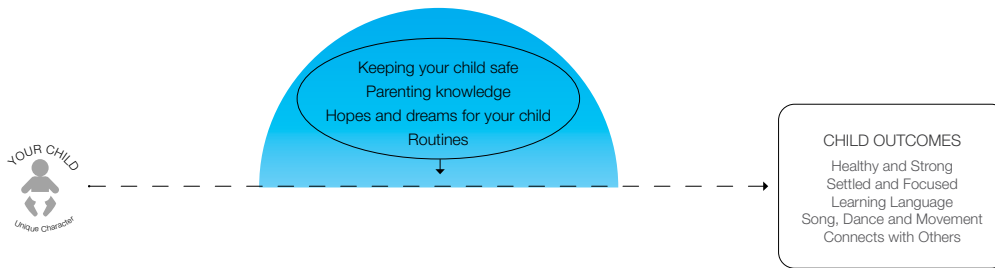
What are my
community values?
(E.g., I value respect.)

Your parenting values,
hopes and dreams

Challenge

Strength

Family Routines



How would you describe the following daily routines?

Mealtimes?

Bedtimes?

Bathtimes?

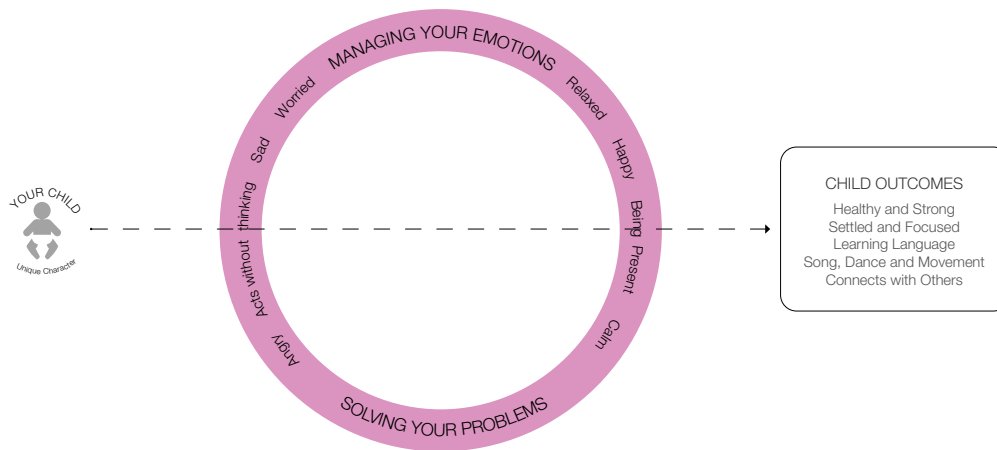
Describe any other special routines you have.

Challenge

Strength

Family Routines

Your wellbeing



How do you manage stress?

How do you manage angry feelings?

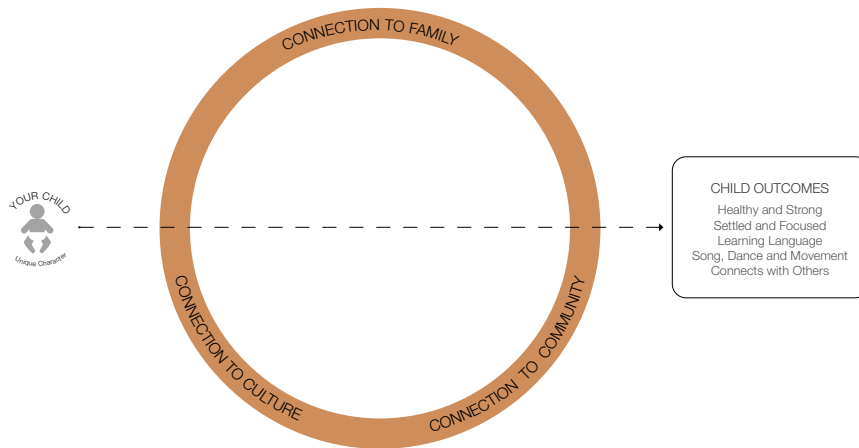
How do you manage sadness?

Challenge

Strength

Your wellbeing

Connections to family and community



Who can you turn to for help, advice, and support when life is difficult?

Do you feel connected with your community?

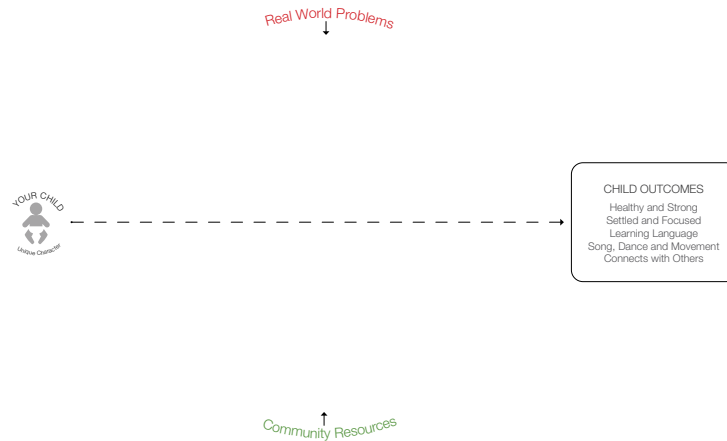
How important are your connections to culture?

Connections to family, community and culture

Challenge

Strength

Real world problems and community resources



What real world problems do you face?

Are there community resources you do or could draw on to help with the real world problems?

	Challenge	Strength
Real world problems		
Community resources	Challenge	Strength

Summary of strengths and challenges

Your child's development	Challenge	Strength
Your relationship with your child	Challenge	Strength
Your parenting values, hopes and dreams	Challenge	Strength
Family Routines	Challenge	Strength
Your wellbeing	Challenge	Strength
Connections to family, community and culture	Challenge	Strength
Real world problems	Challenge	Strength
Community resources	Challenge	Strength