

LEARNING TO MANAGE BEHAVIOUR

The Short-Term and Long-Term Effects of Your Parenting

Consider what effect the things you do to stop your child misbehaving has in the short-term and whether that is different from the effect it has in the long-term. You can do this by answering the questions below.

Think of a time when your child misbehaved.

What was your child doing?

What did you do?

Short-term effect	Your answers
Did your child stop misbehaving?	
Did you get some peace?	
Were you and your child upset, and if so for how long?	
Long-term effect	
Did your child learn you were a fair and reasonable parent?	
Did your child understand why you acted as you did?	
Did the situation improve your relationship with your child, make it worse, or have no effect?	