






LEARNING TO MANAGE EMOTIONS

Teaching Young Children Emotion Words

One way of teaching children emotion words is to look at pictures or photos people displaying the different emotions.

Below are some pictures of different emotions. Ask your child to pretend they are doing these different emotions and take a picture of them. This will help them learn the names of the different emotions.

HAVE FUN doing this!

HAPPY		Place a photo of you child's happy face here
SCARED		Place a photo of you child's scared face here
SAD		Place a photo of you child's sad face here
SURPRISED		Place a photo of you child's surprised face here
ANGRY		Place a photo of you child's angry face here