

## LEARNING TO FOCUS ATTENTION

### No One Is Too Young To Enjoy Books

Little babies can't read; but they can listen to your voice and learn words as you turn pages....

So children as young as 1 year can be shown picture books and learn the sounds animals make.

Slightly older children can be read to – very simple books that help them learn words and also help them practice their attention skills.

It doesn't really matter if you don't stick to the story – the very act of saying words, pointing to pictures and turning pages is very important.

When children get to kindergarten and early years of primary there will be a bigger focus on helping them learn letters and sounds and getting some very early reading skills in place.

You can really help them at home by using the opportunity to read to them whenever you can. It can be with books before bedtime, but there are so many other things in the world that help children practice their reading: signs on the road; signs in the shops; back of the cereal package.

**Your reading activity:** Make a plan about your next reading activity. This might be reading to you child, or finding a video of someone reading a book.

When will it happen?

What will you read or listen to?