

Challenging the notion of the ideal child

All children disobey, whine, complain, make a mess, become upset and argue with their parents at times. No child is perfect.

Rather than try to raise a 'perfect child' name qualities that are important to you and that you would like to see in your child.

Here are some examples:

- To feel good about themselves
- To be happy
- To have friends
- To cope with disappointment
- To do well at school

Add to to the list other qualities that are important to you.